Acute Myocardial Infarction Caused by Simultaneous Occlusion of the Right Coronary Artery and the Left Anterior Descending Coronary Artery Probably Due to Coronary Spasm: A Case Report

Naoki SUZUKI, MD

Yoshikazu HIASA, MD, FJCC

Shinichiro MIYAZAKI, MD

Takeshi TOMOKANE, MD

Riyo OGURA, MD

Hitoshi MIYAJIMA, MD

Yoshikazu OHARA, MD

Kenichiro YUBA, MD

Takefumi TAKAHASHI, MD

Shinobu HOSOKAWA, MD

Koichi KISHI, MD

Ryuji OHTANI, MD

# Abstract

A 56-year-old man had an attack of chest pain associated with ST-segment elevation in both the inferolateral and anteroseptal leads on electrocardiography. Emergency coronary angiography showed thrombus in the mid right coronary artery and total occlusion in the distal left anterior descending coronary artery. Intravenous heparin infusion and antiplatelet therapy were given without other coronary intervention. After 1 week, repeat coronary angiography showed neither significant stenosis nor thrombus in the coronary arteries. Severe coronary artery spasm in the left coronary artery was induced by the provocation test with intracoronary injection of 50 µg acetylcholine. He had an uneventful hospital course. This unique case demonstrated intracoronary thrombus formation in the right coronary artery and left anterior descending coronary artery simultaneously due to suspected coronary spasm.

J Cardiol 2005 May; 45(5): 213 - 217

## **Key Words**

**■**Myocardial infarction, pathophysiology

**■**Coronary vasospasm

**■**Angiography

### INTRODUCTION

The incidence of acute myocardial infarction with simultaneous occlusion of two or three coronary arteries is not common<sup>1-3</sup>). The role of coro-

nary spasm in the onset of myocardial infarction has often been considered<sup>4-8</sup>). We describe a case of a thrombus in the mid right coronary artery (RCA) and total occlusion in the distal left anterior descending coronary artery (LAD) manifesting as

徳島赤十字病院 循環器科: 〒773-0015 徳島県小松島市中田町新開28-1

Division of Cardiology, Tokushima Red Cross Hospital, Tokushima

Address for correspondence: SUZUKI N, MD, Division of Cardiology, Tokushima Red Cross Hospital, Shinbiraki 28 - 1, Chuden-cho, Komatsushima, Tokushima 773 - 0015; E-mail: suznaoki@tokushima-med.jrc.or.jp

Manuscript received September 10, 2004; revised November 15, 2004; accepted November 15, 2004

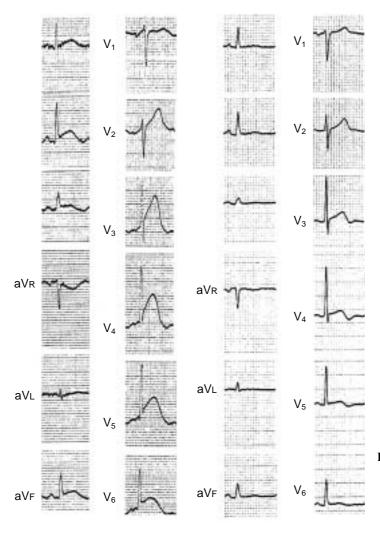


Fig. 1 Electrocardiograms on admission

ST-segment elevation was present in the inferolateral and anteroseptal leads (left) ST-segment elevation and T-wave inversion had disappeared 1 hr lates (right)

myocardial infarction, which verified the cause as coexistence of coronary spasm and thrombosis.

#### **CASE REPORT**

A 56-year-old man was in reasonably good health except for heavy smoking (40 cigarettes/day). He was admitted to our hospital due to severe chest pain 3 hr after the onset. He experienced no chest pain before the myocardial infarction. He had no history of hypercoagulable disorders including hematological and autoimmune diseases. Electrocardiography (ECG) on admission showed ST-segment elevation in both the inferolateral and anteroseptal leads (Fig. 1 - left). ECG 1 hr later showed disappearance of ST-segment elevation and T-wave inversion (Fig. 1 - right). Echocardiography showed inferoposterior and apical hypokinesis without thrombus in the left atrium or ventricle. Heart rate was regular at 68 beats/min,

and blood pressure was 126/76 mmHg. Laboratory findings were as follows: white blood cell count 9,820  $\mu/l$ , platelet count 217,000/ $\mu$ l, fasting blood sugar 98 mg/dl, hemoglobin  $A_{lc}$  5.7%, total cholesterol 188 mg/dl, high-density lipoprotein-cholesterol 38 mg/dl, triglycerides 148 mg/dl, uric acid 7.4 mg/dl, and creatine kinase 182 IU/l. Emergency coronary angiography revealed thrombus in the mid RCA( Fig. 2 - left )and total obstruction in the distal LAD( Fig. 2 - right ).

He was transferred to the coronary care unit where intravenous heparin( 500 U/hr), aspirin ( 200 mg/day), and ticlopidine( 200 mg/day) were given, but no other coronary revascularization therapy. The hospital course was uneventful. Serum creatine kinase peaked at 1,624 IU/l. After 1 week, repeat coronary angiography showed neither significant stenosis nor thrombus in the RCA( Fig. 3 - A) or LAD( Fig. 3 - B). The coronary spasm provoca-

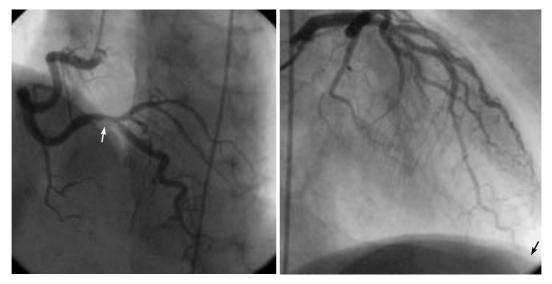
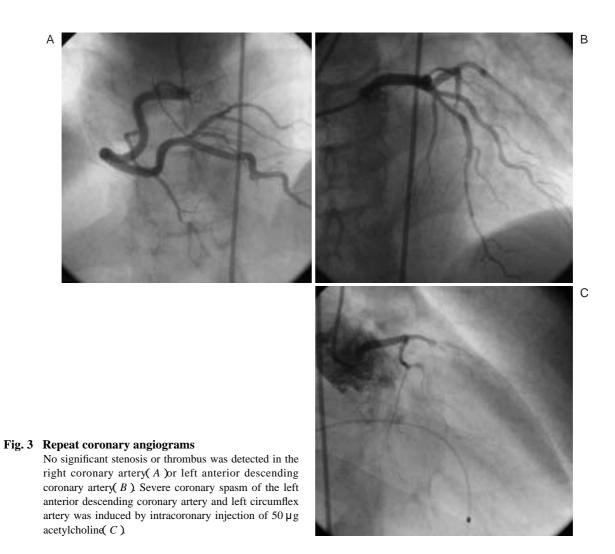


Fig. 2 Emergency coronary angiograms

Thrombus was present in the mid right coronary artery( left, white arrow ) and total obstruction in the distal left anterior descending coronary artery( right, black arrow ).



tion test caused severe coronary spasm of the LAD and left circumflex artery by an intracoronary injection of  $50\,\mu g$  acetylcholine (Fig. 3 - C). The left ventricular ejection fraction was 63%, with mild hypokinesis of the apical wall. The patient was entirely pain free and was discharged without a cardiac episode on the 10th day.

### DISCUSSION

The incidence of myocardial infarction in patients with "normal" or "almost normal" coronary arteries ranges from 1 to 13%<sup>7</sup>, but is very rare with simultaneous occlusion of two or three main branches. The pathogenetic mechanism of myocardial infarction in patients with normal coronary arteries remains unknown. In this patient, one coronary artery was completely blocked and another was incompletely occluded by thrombus. ECG or echocardiography on admission and follow-up showed two coronary arteries could be totally occluded.

Several factors, such as multivessel spasm, state of hypercoagulability at the onset of myocardial infarction, and decreased coronary pressure are thought to be involved in the mechanism of simultaneous occlusion of multiple coronary arteries. Increased coronary vasomotor tone was found in acute myocardial infarction patients with spontaneous coronary recanalization<sup>8</sup>). Rupture of the atheromatous plaque with subsequent platelet aggregation, prolonged occlusive coronary spasm superimposed on atherosclerotic lesion, or both,

have been proposed as triggering mechanisms for thrombus formation. In addition, cigarette smoking and alcohol are promoters of the mechanism of enhanced platelet aggregation and adhesion that can be expected to increase the thrombotic risk to normal coronary arteries<sup>9</sup>).

In this patient, the coronary artery was angiographically normal but vasospasm could be provoked. Although chest pain before the myocardial infarction was absent, coronary spasm may have caused formation of the intracoronary thrombus. The occurrence of coronary spasm of the coronary arteries strongly suggests that coronary spasm induced thrombus formation and led to myocardial infarction. However, hypotension and poor coronary perfusion, caused by single vessel occlusion, might trigger thrombus formation in another vessel. This concurrent thrombosis is uncommon, but may represent an important pathophysiologic syndrome related to hypercoagulability, hypervasoactivity in multiple vessels, or perhaps coincident plaque events such as fissuring or rupture. Intravascular ultrasonography may have revealed thrombi or unstable plaques that are difficult to image using conventional angiographic techniques in our case.

### **CONCLUSIONS**

This case shows that simultaneous occlusion of the right coronary artery and the left anterior descending coronary artery may be caused by coronary artery spasm.

-要約

# 冠攣縮によると思われる右冠動脈と左前下行枝の同時期の閉塞が認められた 急性心筋梗塞の1例

 鈴木
 直紀
 日浅
 芳一
 宮崎晋一郎
 友
 兼
 毅

 小倉
 理代
 宮
 島
 等
 尾原
 義和
 弓場健一郎

 高橋
 健文
 細
 川
 忍
 岸
 宏
 一
 大谷
 龍治

症例は56歳,男性である.胸痛を主訴に来院し,心電図上,前胸部誘導および下壁誘導にST上昇が認められた.緊急冠動脈造影検査では,右冠動脈の中間部に血栓像と左前下行枝遠位部に完全閉塞所見を示した.へパリンの投与および抗血小板療法のみで治療を行った.1週間後の追跡冠動脈造影検査では,明らかな冠動脈硬化所見や閉塞所見は認められなかった.同時にアセチルコリンを用いた冠攣縮誘発試験を行った.左冠動脈へアセチルコリン50μgの投与を行った時点で著明な冠攣縮が誘発された.入院経過は良好であった.本症例は冠攣縮を誘因として形成された血栓によって右冠動脈と左前下行枝の2枝に同時閉塞を生じたと考えられた.

-J Cardiol 2005 May; 45(5): 213 - 217-

#### References

- Hosokawa S, Hiasa Y, Miyamoto H, Suzuki N, Takahashi T, Kishi K, Tanimoto M, Ohtani R: Acute myocardial infarction showing total occlusion of right coronary artery and thrombus formation of left anterior descending artery. Jpn Heart J 2001; 42: 365 - 369
- Serrano CV Jr, Ramires JA, Gebara OC, Cesar LA, Lage S: Acute myocardial infarction after simultaneous thrombosis in normal right and left coronary arteries. Clin Cardiol 1991; 14: 436 - 438
- 3 ) Schuster EH, Achuff SC, Bell WR, Bulkley BH: Multiple coronary thromboses in previously normal coronary arteries: A rare cause of acute myocardial infarction. Am Heart J 1980; **99**: 506 509
- 4 ) Vincent GM, Anderson JF, Marshall HM: Coronary spasm producing coronary thrombosis and myocardial infarction. N Engl J Med 1983; 309: 220 - 223
- 5 ) Horimoto M, Takenaka T, Igarashi K, Fujiwara M, Batra

- S: Coronary spasm as a cause of coronary thrombosis and myocardial infarction. Jpn Heart J 1993; **34**: 627 631
- 6) Benacerraf A, Scholl JM, Achard F, Tonnelier M, Lavergne G: Coronary spasm and thrombosis associated with myocardial infarction in a patient with nearly normal coronary arteries. Circulation 1983; 67: 1147 1150
- 7) Endoh Y, Shibata N, Takeichi K, Shinya W: Coronary thrombosis induced by intracoronary acetylcholine injection in a patient with normal coronary myocardial infarction. Intern Med 1995; **34**: 171 175
- 8 ) Akiyama H, Ishikawa K, Kanamasa K, Ogawa I, Koka H, Kamata N, Nakai S, Katori R: Increased coronary vasomotor tone in acute myocardial infarction patients with spontaneous coronary recanalization. Jpn Circ J 1997; 61: 503-500
- 9) Williams MJA, Restieaux NJ, Low CJS: Myocardial infarction in young people with normal coronary arteries. Heart 1998; **79**: 191 194