# Cardiovascular Imaging In-a-Month

# **Reduced Left Ventricular Ejection Fraction in an 82-Year-Old Woman** With Aortic Stenosis

TakuyaTANIGUCHI, MDTatsuyaKAWASAKI, MDTadaakiKAMITANI, MDShingoKAWASAKI, MDHirokiSUGIHARA, MD

## CASE

An 82-year-old woman presented with a history of progressive dyspnea persisting for several days. The diagnosis of severe aortic stenosis was established some years ago. However, she had firmly declined the recommendation of aortic valve replacement. On admission, electrocardiography showed ST-segment depression in leads , a L, and  $_3$  to  $_6$ . Echocardiography revealed that the aortic valve area of  $0.6 \text{ cm}^2$  remained unchanged, but the left ventricular ejection fraction was reduced to 44% compared to 70% some months before. She died of progressive heart failure. Autopsy disclosed tricuspid stenotic aortic valves with calcification probably due to age-related degeneration, and circumferential discoloration in the subendocardial layers of the left ventricle with coronary artery stenosis of < 50% in diameter(**Fig. 1**).



Fig. 1

松下記念病院 循環器科(谷口琢也,川崎達也,神谷匡昭,川崎信吾,杉原洋樹): 〒570-8540 大阪府守口市外島町5-55 Department of Cardiology, Matsushita Memorial Hospital, Osaka Address for correspondence: TANIGUCHI T, MD, Department of Cardiology, Matsushita Memorial Hospital, Sotojima-cho 5-55, Moriguchi, Osaka 570-8540; E-mail: cytokine@nike.eonet.ne.jp Manuscript received February 24, 2005; revised April 4, 2005; accepted April 5, 2005

#### **Point of Diagnosis**

Histological examination confirmed that the circumferential discoloration in the subendocardial layers of the left ventricle was myocardial infarction(Fig. 2). In general, subendocardium is predisposed to myocardial ischemia, possibly leading to myocardial infarction, even in the absence of significant coronary lesions<sup>1</sup>). Subendocardial infarction seems not to be uncommon in patients with aortic stenosis due to marked myocardial hypertrophy and raised ventricular pressure<sup>1-3</sup>). In this case, the onset of subendocardial infarction was unidentifiable because neither prolonged chest pain nor cardiac enzyme leakage had occurred during the clinical course. However, subendocardial infarction could develop silently in patients with aortic stenosis<sup>4</sup>). Silent myocardial infarction may have lead to the left ventricular dysfunction in the present patient.

**Diagnosis**: Subendocardial infarction with aortic stenosis

**Key Words**: Aortic valve stenosis; Myocardial infarction, pathophysiology; Pathology

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Fig. 2

## Fig. 1 Photograph of heart sections

Transverse sections of the heart at the level of apical, mid, and basal ventricles show circumferential discoloration in the subendocardial layers of the left ventricle.

#### Fig. 2 Photomicrograph of the subendocardium

Wavy fibers are preferentially distributed in the subendocardium( hematoxylin-eosin stain, objective  $\times 4$ ).